

# HEAT RETENTION WEAR

WITH SAUNA EFFECT

Grighko<sup>®</sup>



100% THERMAL  
ISOLATION

COMFORTABLE  
AGAINST YOUR SKIN

KEEP MUSCLES WARM

MORE EFFECTIVE  
WORKOUT

SILENCE OF  
MOVEMENTS



**MEMBRANE FABRIC**

High-tech membrane blocks the air  
inside being soft and comfortable  
against your skin



**ODOR CONTROL**

Premium quality membrane fabric  
captures odor molecules and keeps you  
feeling fresh during workout



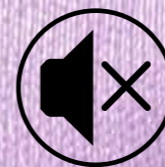
**100% THERMAL ISOLATION**

Keeps heat underneath the fabric.  
Stimulates fast fat burn and muscles  
warm-up



**BI-STRETCH**

Special bi-stretch technology  
makes you feel free during stretching  
and high active exercises



**SUPER QUIET**

Silent and soft-hand material.  
Easy movements  
and comfortable feeling



**MACHINE WASHABLE**

Any type of stains easy to remove  
with warm water  
even by hand



# BOWIE

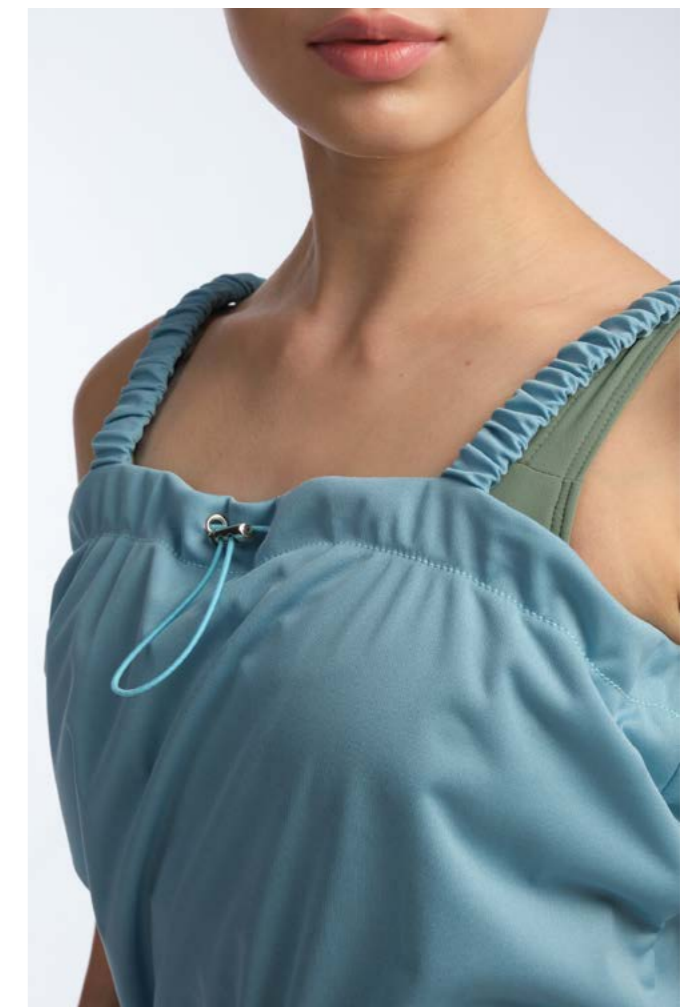
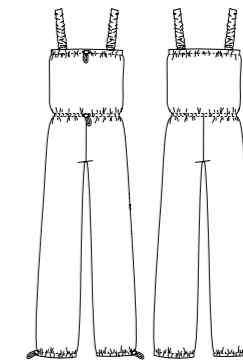
Unitard with sauna effect  
0403PT

International size	XXS	XS	S	M	L	XL	2XL
Size RU	40	42	44	46	48	50	52

Material: 100% polyester

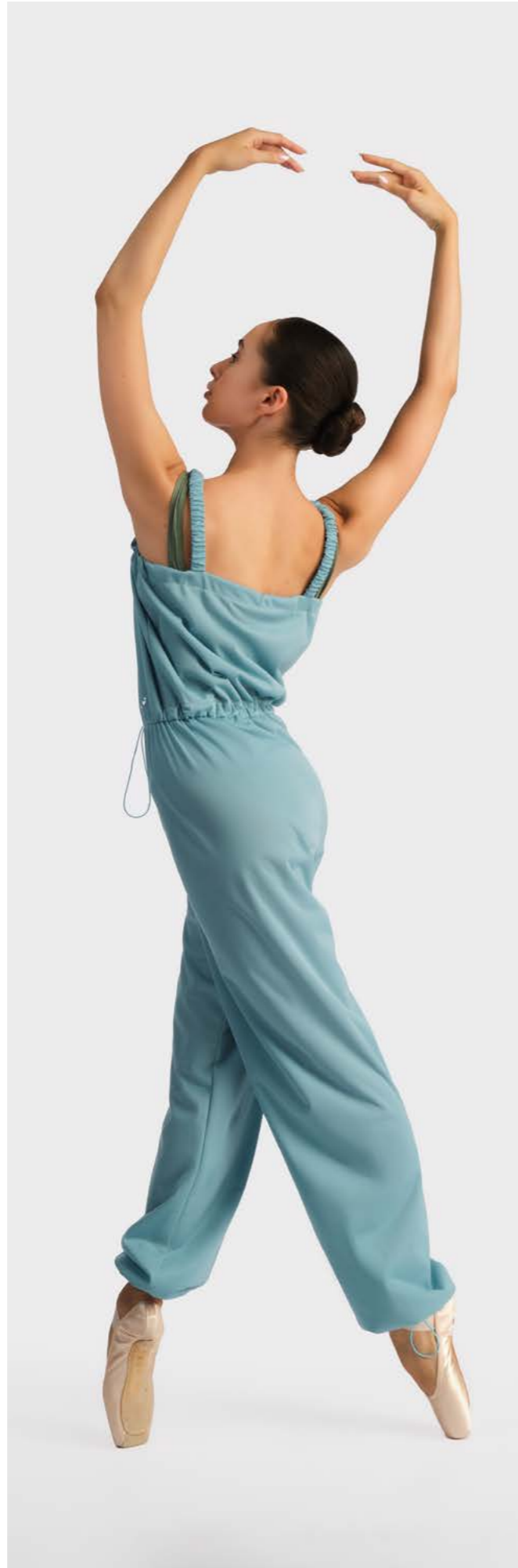
- Ice Blue
- Orchid Mist
- Dusty Pink
- Grey
- Black
- Blue
- Bordeaux

Full length unitard featuring comfortable straps over the shoulder, cinch top, waist and cuff.





Ice Blue



Ice Blue



Orchid Mist



Dusty Pink





# BOBBIE

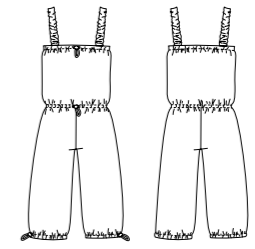
Shortard with sauna effect  
0404PT

Short unitard with sauna effect is made of 100% polyester material featuring heat retention membrane, comfortable shoulder straps, waist and above the knee leg cinch.

International size	XXS	XS	S	M	L	XL	2XL
Size RU	40	42	44	46	48	50	52

Material: 100% polyester

- Ice Blue
- Orchid Mist
- Dusty Pink
- Grey
- Black
- Blue
- Bordeaux





Dusty Pink



Orchid Mist



Ice Blue







# BLISS

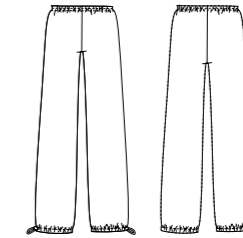
Pants with sauna effect  
0405PT

Full leg pants with comfortable waist elastic and cinch on waist as well as cuff.  
Bi-stretch material is comfortable and long lasting.

International size	XXS	XS	S	M	L	XL	2XL
Size RU	40	42	44	46	48	50	52

Material: 100% polyester

- Ice Blue
- Orchid Mist
- Dusty Pink
- Grey
- Black
- Blue
- Bordeaux





Ice Blue



Dusty Pink





Orchid Mist



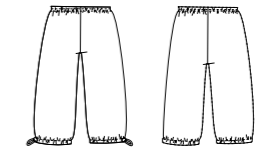


# BLOSSOM

Knee length shorts with sauna effect  
0406PT

Knee length shorts with toggle on the cuff and comfortable elastic waistband. Heat retention membrane and fashionable colors.

International size	XXS	XS	S	M	L	XL	2XL
Size RU	40	42	44	46	48	50	52



Material: 100% polyester

- Ice Blue
- Orchid Mist
- Dusty Pink
- Grey
- Black
- Blue
- Bordeaux





Dusty Pink



Orchid Mist





Ice Blue

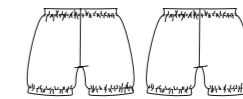




# BAE

## Short shorts with sauna effect 0408

Short shorts, comfortable waistband and high tech heat retaining membrane. Fashionable and fun colors.



International size	XXS	XS	S	M	L	XL	2XL
Size RU	40	42	44	46	48	50	52

Material: 100% polyester

- Ice Blue
- Orchid Mist
- Dusty Pink
- Grey
- Black
- Blue
- Bordeaux



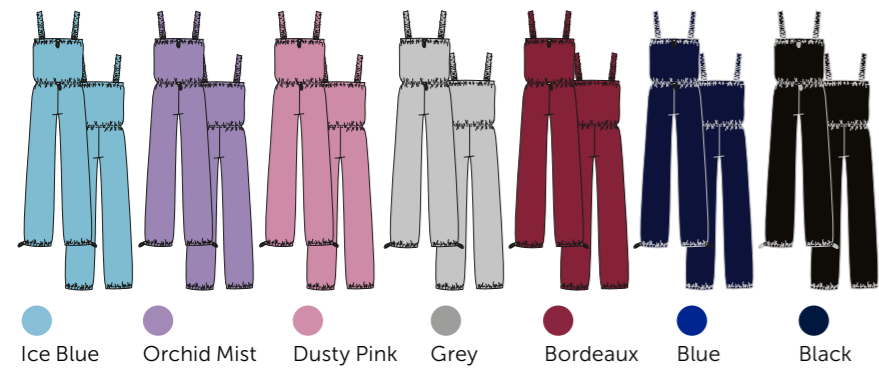


Ice Blue





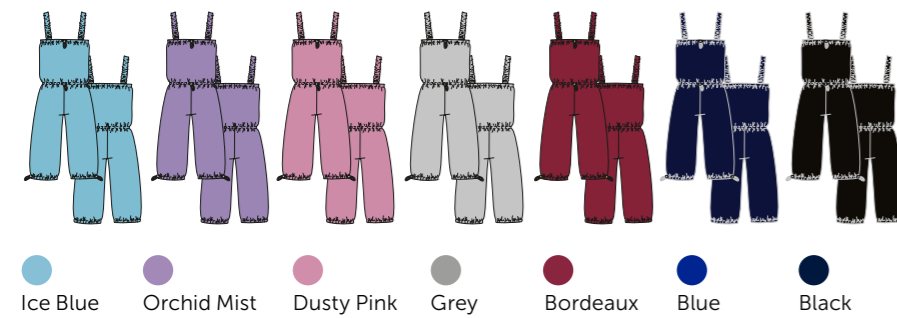
# GRISHKO® APPAREL SIZE CORRESPONDENCE CHART



**BOWIE**  
Unitard with sauna effect  
0403PT

Int. size	XXS	XS	S	M	L	XL	2XL
Size RU	40	42	44	46	48	50	52

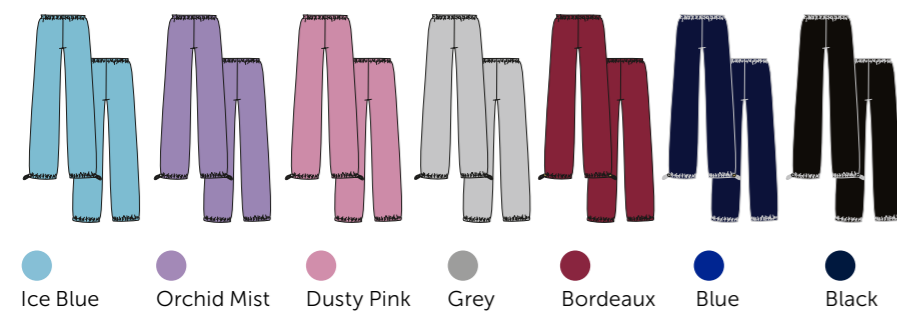
Material: 100% polyester



**BOBBIE**  
Shortard with sauna effect  
0404PT

Int. size	XXS	XS	S	M	L	XL	2XL
Size RU	40	42	44	46	48	50	52

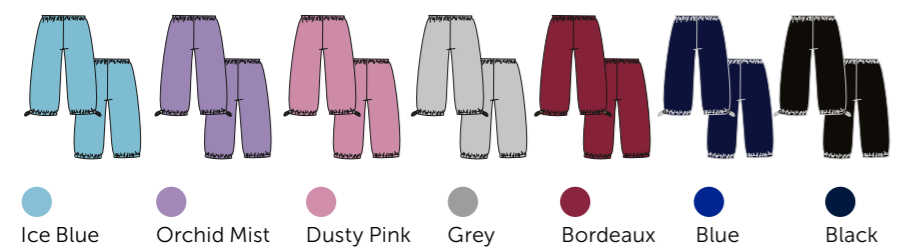
Material: 100% polyester



**BLISS**  
Pants with sauna effect  
0405PT

Int. size	XXS	XS	S	M	L	XL	2XL
Size RU	40	42	44	46	48	50	52

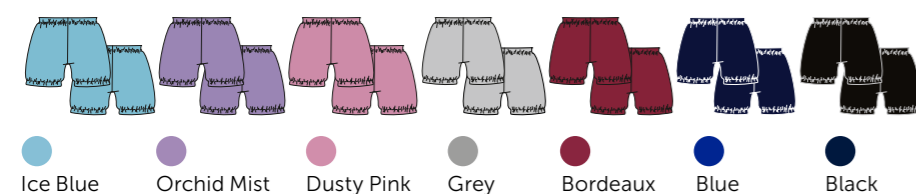
Material: 100% polyester



**BLOSSOM**  
Knee length shorts with sauna effect  
0406PT

Int. size	XXS	XS	S	M	L	XL	2XL
Size RU	40	42	44	46	48	50	52

Material: 100% polyester



**BAE**  
Short shorts with sauna effect  
0408

Int. size	XXS	XS	S	M	L	XL	2XL
Size RU	40	42	44	46	48	50	52

Material: 100% polyester

## LADIES

Height, cm	158	164	168 – 170	168 – 172	168 – 172	168 – 172	168 – 172
Bust Circumference, cm	77 – 80	81 – 84	85 – 88	89 – 92	93 – 96	97 – 100	101 – 104
Waist Circumference, cm	61 – 62	63 – 64	65 – 68	69 – 71	72 – 74	75 – 77	78 – 81
Hip Circumference, cm	86 – 89	90 – 92	93 – 96	97 – 100	101 – 104	105 – 108	109 – 112

International	XXS	XS	S	M	L	XL	2XL
Russia (RU)	40	42	44	46	48	50	52
Italy (IT)	38	40	42	44	46	48	50
France (FR)	36	38	40	42	44	46	48
Germany (DE)	32/34	36	38	40	42	44	46
United States (USA)	4	6	8	10	12	14	16
United Kingdom (UK)	8	10	12	14	16	18	20
Japan (JP)	7	9	11	13	15	17	19
China (CH)	155/80A	160/84A	165/88A	170/92A	175/96A	180/100A	185/104A

## MEN

Height, cm	164 – 170		170 – 176		176 – 182		182 – 188	
Chest Circumference, cm	77 – 80	81 – 84	85 – 88	89 – 92	93 – 96	97 – 100	101 – 104	105 – 108
Waist Circumference, cm	65 – 66	67 – 68	69 – 70	71 – 74	75 – 78	79 – 82	83 – 86	87 – 90
Hip Circumference, cm	82 – 85	86 – 88	89 – 91	92 – 94	95 – 97	98 – 100	101 – 103	104 – 106

International	S		M		L		XL	XXL
Size	40	42	44	46	48	50	52	54

## **GRISHKO® HEAD OFFICE**

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